



Select  
Health

# Social Determinants of Health

## Growing Resources and Gathering Needs

Select Health Quality Provider Program | Gather & Grow Conference  
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# Social Determinants of Health (SDOH)

## Growing Resources and Gathering Needs



# Overview of Presentation

- **What Are Social Determinants of Health (SDOH)?**
- **How Select Health Is Growing Available SDOH Resources**
  - **Identify SDOH Barriers in Healthcare**
  - **Select Health Resources that Address these Barriers**
- **How You Can Help Gather SDOH Need Information**
  - **Screening for Social Determinants of Health**
  - **Documentation of Health-related Social Needs**
  - **Referral to Select Health and Community Resources**



# What Are Social Determinants of Health?

# Social Determinants of Health (SDOH)



Born & Live

Work & Play



Worship &  
Age





# Growing SDOH Resources

# Identified SDOH Resource Barriers

1. Resource knowledge
2. Access to resources
3. Lack of equitable resources
4. Overburdened caregivers
5. SDOH guidance/training
6. Follow-up care

# Select Health SDOH Resources

1. Caregiver roles that make an impact
  - Case Managers & Healthy Beginnings
  - Quality Provider Program
2. Equipping caregivers with relevant resources
  - Community Health Workers (Medicare/Medicaid)
  - Unite Us (Marketplace)





# Gathering SDOH Needs

# Why We Gather SDOH Data

1. Identifying community and population needs
2. Empower providers to identify and address health disparities
3. To help members live the healthiest lives possible
4. Maintain the strength of our business by supporting quality measurement:
  - NCQA Requirement
  - HEDIS & STARS Ratings
  - Health Equity Accreditation

# NCQA New HEDIS Measure

## Social Need Screening and Intervention (SNS\_E):

The SNS measure looks at six indicators, one each for screening and intervention across three social needs. It measures the percentage of members who, during the measurement period, were screened via a pre-specified instrument at least once during the measurement period for unmet needs.

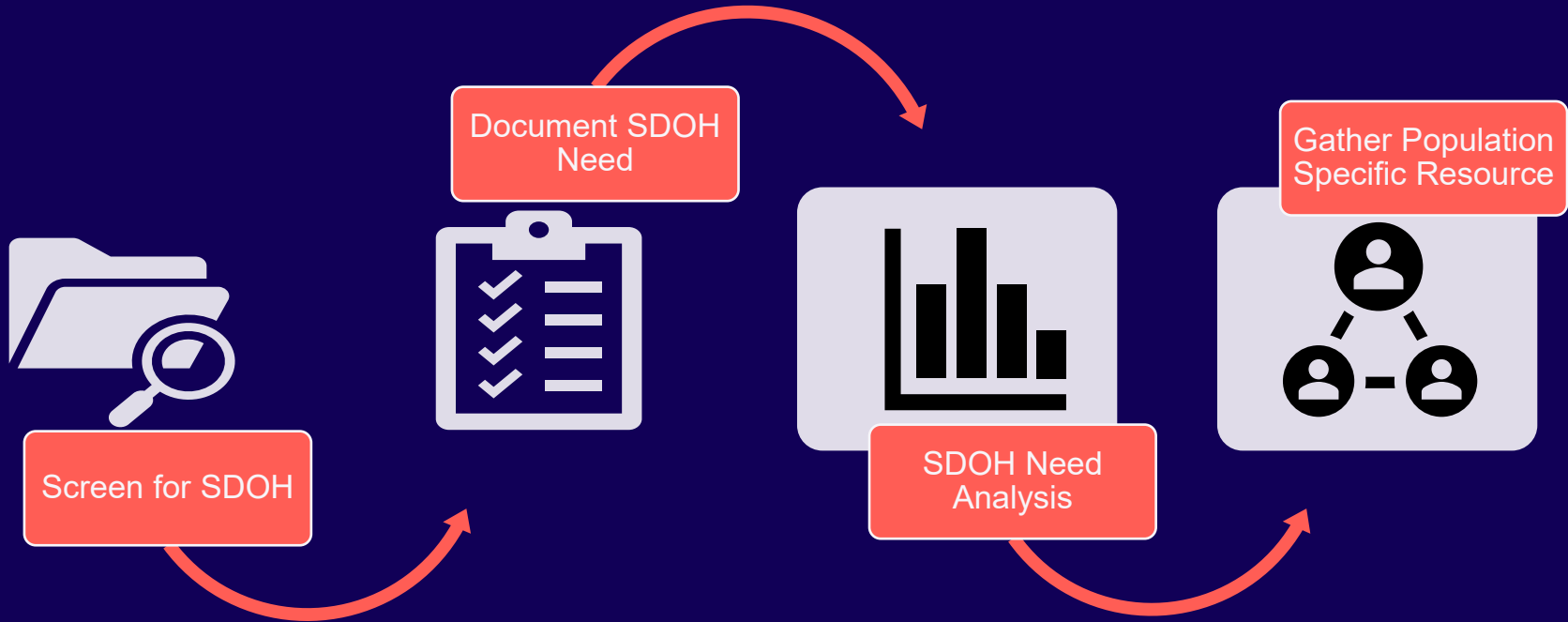
## Practice Requirements:

1. Screenings must include the following:
  - Food
  - Housing
  - Transportation
2. Members who screen positive receive a corresponding intervention

# Why Is This Important?

1. May require updates to clinic workflows and EMR documentation
2. Select Health is working to identify a process that includes documentation for both screening and intervention. Per Elizabeth Craig, our Medicaid Program Manager of Social Services, more information is coming later this year.

# Gathering SDOH Workflow:



# SDOH Screening & Documentation



# SDOH Screening

1. Screen using a validated screening instrument:
  - PRAPARE
  - SEEK
  - Social Check
2. Can be collected before, during, or after a healthcare encounter
3. Person-provider interaction or self-reported

# Documentation of Social Need

## What are ICD-10-CM Z Codes?

**IMPROVING THE COLLECTION OF Social Determinants of Health (SDOH) Data with ICD-10-CM Z Codes**

**What Are Z Codes?**

- SDOH-related Z codes range from ICD-10-CM categories Z00-Z99 and are used to document SDOH data (e.g., housing, food insecurity, lack of transportation).
- Z codes refer to factors influencing health status or reasons for contact with health services that are not classifiable elsewhere as diseases, injuries, or external causes.

**What Are SDOH & Why Collect Them?**

- SDOH are the conditions in the environment where people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks.
- The World Health Organization (WHO) estimates that SDOH accounts for 30-50% of health outcomes.

**Using Z Codes for SDOH**

- SDOH information can be collected before, during, or after a health care encounter through structured health risk assessments and screening tools.
- These codes should be assigned only when the documentation specifies that the patient has an associated problem or risk factor that influences the patient's health.
- Coding professionals may utilize documentation of social information from social workers, community health workers, case managers, or nurses, if their documentation is included in the official medical record.

**ICD-10-CM Z Codes Update**

- New SDOH Z codes may become effective each April 1 and October 1. New codes are announced prior to their effective date on [CDC website](#).
- Use the CDC National Center for Health Statistics [ICD-10-CM Browser](#) to search for all the current Z codes.
- Join the public process for SDOH code development and approval through the [ICD-10-CM Coordination and Maintenance Committee](#).

**Collecting SDOH can improve equity in health care delivery and research by:**

- Empowering providers to identify and address health disparities (e.g., care coordination and referrals).
- Supporting quality measurement.
- Supporting planning and implementation of social needs interventions.
- Identifying community and population needs.
- Monitoring SDOH intervention effectiveness for patient outcomes.
- Utilizing data to advocate for updating and creating new policies.

**VIEW JOURNEY MAP**

Health People 2020 | World Health Organization

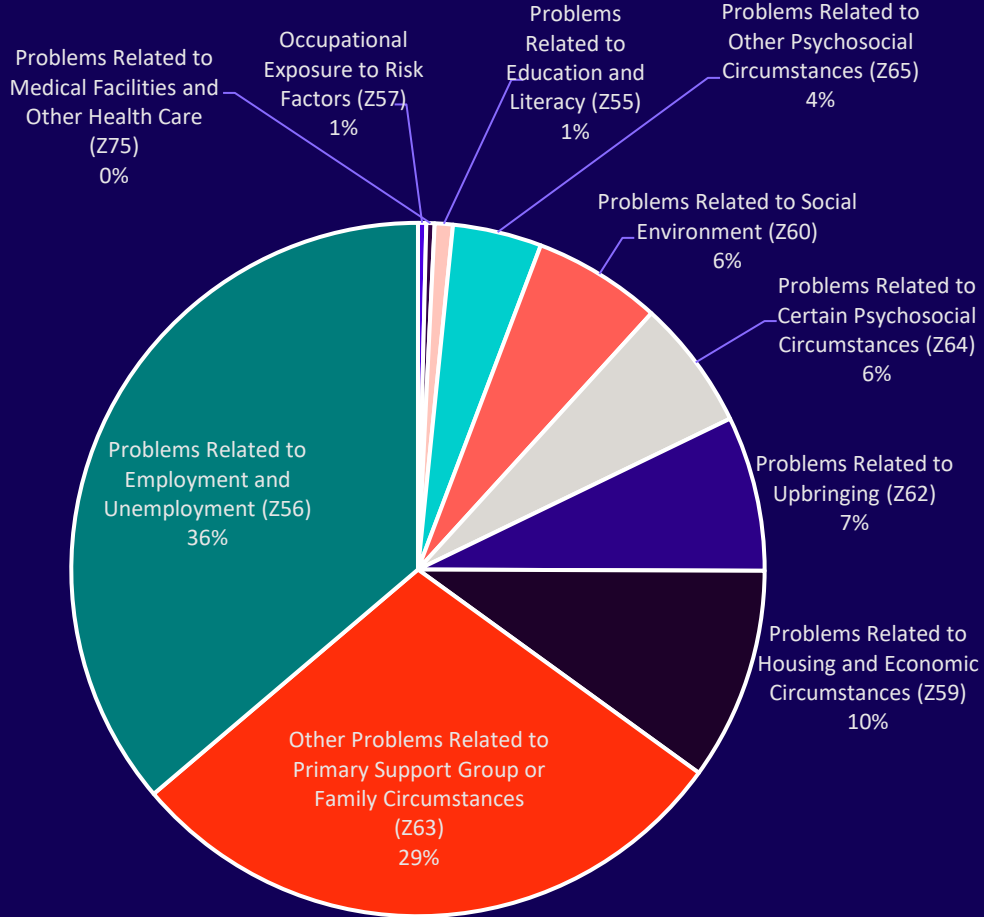
go.cms.gov/OMH  
For Questions Contact: [The CMS Health Equity Technical Assistance Program](#) | [ICD-10-CM Official Guidelines for Coding and Reporting FY 2024](#)

- Used to document health-related social need
- ICD-10-CM categories Z55-Z65
- Assign when the documentation specifies an associated problem or risk factor that influences the patient's health
- Add health-related social need to the problem or diagnosis list



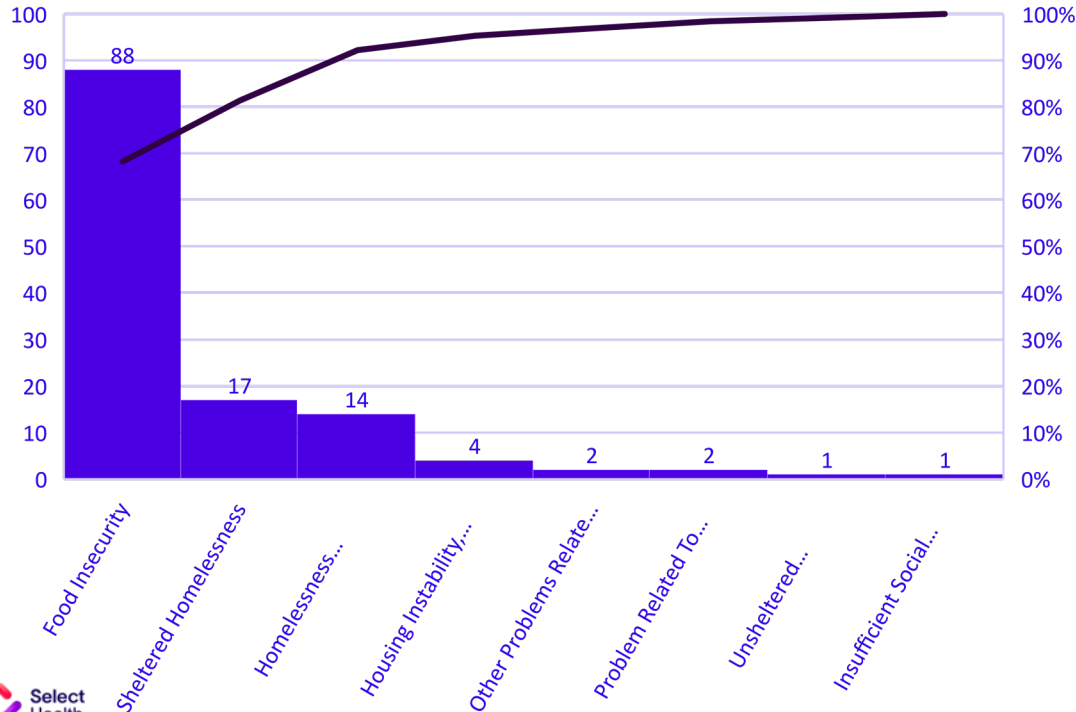
# SDOH Need Analysis

# 2023 Women's Health Quality Program SDOH Needs



# Taking a Closer Look

## PROBLEMS RELATED TO HOUSING AND ECONOMIC CIRCUMSTANCES



- Top Health Related Need:**
- Food Insecurity
  - Housing/Housing Instability
  - Other

# Grow SDOH Resources

# Where Did We Focus Intervention?

## Food Insecurity & Housing:

- **Organization:**
  - Community Health Workers deliver food to member's door
  - Care Management identifies low-income housing resources
- **QPP Program:**
  - Education on simplicity of 211 website use
  - Support IPV screening implementation and housing resources
- **Individual Clinic:**
  - Create bulletin board with free local food & formula resources



WORKING TOGETHER TO BUILD HEALTHY COMMUNITIES



# Thank you!



# References (AMA references in order from first usage)

1. James G. 45 Quotes from Mr. Rogers That We All Need Today. Inc.com. Published August 5, 2019. <https://www.inc.com/geoffrey-james/45-quotes-from-mr-rogers-that-we-all-need-today.html>
2. Centers for Medicare & Medicaid Services. IMPROVING THE COLLECTION OF Social Determinants of Health (SDOH) Data with ICD-10-CM Z Codes. <https://www.cms.gov/files/document/cms-2023-omh-z-code-resource.pdf>
3. Oregon Health Authority. Patient-Centered Primary Care Home Program. <https://www.oregon.gov/oha/HPA/dsi-pcpch/AdditionalResources/Health-related%20Social%20Needs%20vs%20the%20Social%20Determinants%20of%20Health.pdf>
4. Select Health. Social Determinants of Health. selecthealth.org. Published November 2020. Accessed May 6, 2024. <https://selecthealth.org/blog/2020/11/social-determinants-of-health>
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6. A quote by Fred Rogers. www.goodreads.com. Accessed May 6, 2024. <https://www.goodreads.com/quotes/87819-we-live-in-a-world-in-which-we-need-to#:~:text=Quote%20by%20Fred%20Rogers%3A%20%E2%80%9CWe>
7. Penman-Aguilar A, Talih M, Huang D, Moonesinghe R, Bouye K, Beckles G. Measurement of Health Disparities, Health Inequities, and Social Determinants of Health to Support the Advancement of Health Equity. Journal of Public Health Management and Practice. 2016;22(1):S33-S42. doi:<https://doi.org/10.1097/phh.0000000000000373>
8. The PRAPARE Screening Tool. PRAPARE. <https://prapare.org/the-prapare-screening-tool/>
9. SEEK Materials. SEEK - Safe Environment for Every Kid. <https://seekwellbeing.org/seek-materials/>



# Resources (Formatted and listed in alpha order)

- [Appreciating the Impact of Social Determinants of Health](https://selecthealth.org) (selecthealth.org)
- [Care Management at Select Health](https://selecthealth.org) (selecthealth.org)
- [Health-Related Social Needs vs. The Social Determinants of Health](https://oregon.gov) (Oregon.gov)
- [Improving the Collection of Social Determinants of Health \(SDOH\) Data with ICD-10-CM Z Codes](https://cms.gov) (cms.gov)
- [Proposed New Measure for HEDIS Measurement Year \(MY\) 2023: Social Need Screening and Intervention \(SNS-E\)](https://ncqa.org) (ncqa.org)
- [PRAPARE Screening Tool](https://prapare.org) (prapare.org)
- [Quality Provider Program](https://selecthealth.org) (selecthealth.org)
- [SEEK – Safe Environment for Every Kid](https://seekwellbeing.org) (seekwellbeing.org)