

# Medicaid Expansion & Integration

# Frequently Asked Questions

# Q: Who is eligible for coverage under the **January 1, 2020** expansion?

A: The Medicaid expansion means that adults with household incomes up to 138% of the federal poverty level—\$17,236 a year for an individual or \$35,535 for a family of four—will now be eligible for Medicaid coverage effective **January 1, 2020**.

#### Q: What is an integrated Medicaid plan?

A: As part of the recent expansion, some Medicaid members will qualify for an integrated physical and mental health plan in which an Accountable Care Organization (ACO), such as SelectHealth, will administer both sets of benefits.

#### Q: What is Mental Health Integration?

A: Mental Health Integration (MHI) is collaborative mental health care that is integrated into everyday primary care practice. Our goal is to balance patients' mental and physical healthcare needs while providing them the tools to take an active role in their health.

#### Q: Who has the integrated Medicaid benefit?

A: The integrated plan is available for Medicaid enrollees living in Davis, Salt Lake, Utah, Washington, and Weber counties who qualified for Medicaid under the expansion criteria and are covered by the integrated Medicaid benefit. Use Table 1 (below) to quickly identify benefit and coverage area for different Medicaid member types.

#### **Questions?**

Contact SelectHealth Member Services at **801-442-3234** (or toll free at **855-442-3234**).

#### Q: How do I know if a patient has an integrated plan?

A: Look for the word "integrated" in the plan name (e.g., SelectHealth Community Care® Integrated or Integrated SelectHealth). Providers can verify eligibility and plan information by:

- > Using either of these tools:
  - The Utah Medicaid Patient Eligibility Lookup Tool

#### OR

- The Provider Benefit Tool on the SelectHealth Provider Portal (secure content login required)
- Submitting an EDI Eligibility Benefit Inquiry and Response (270/271) transaction
- > Calling SelectHealth Member Services at 855-442-3234

### Q: Are medications prescribed for mental health conditions still covered?

A: Yes. Medications prescribed to treat mental health conditions remain covered and carved out to Fee-For-Service Medicaid. This has not changed.

TABLE 1. BEHAVIORAL HEALTH BENEFITS AND MEDICAID EXPANSION

Member Type	Behavioral Health Benefit	Counties
Expansion Adult	Integrated	Davis, Salt Lake, Utah, Washington, Weber
	Carved Out	All counties EXCEPT those above
Legacy Adult	Carved Out	All counties



# Medicaid FAQs, Continued

- Q: What are typical behavioral health services covered under an integrated plan?
- A: Typical inpatient and outpatient services covered under this plan are indicated in **Table 2** at right.
- Q: What behavioral health services require prior authorization for members on an integrated plan?
- A: For these members, residential, and inpatient treatment requires prior authorization. Contact Member Services at **801-442-3234** or toll free at **855-442-3234** for more information.
- Q: Where can members access mental health care?
- A: Members can access mental health care as follows:\*
  - SelectHealth Community Care members who ARE on an integrated plan can be seen by any in-network provider within the Community Care network.
  - Expansion adults who ARE NOT on an integrated plan can receive care through the county mental health system or through a Federally Qualified Health Center (FQHC). See Table 3 on page 3.
  - Medicaid enrollees in Davis, Weber, and Washington counties can receive care at some Intermountain Healthcare Mental Health Integrated clinics that have subcontracted with county mental health systems.

### TABLE 2. SERVICES COVERED UNDER THE INTEGRATED PLAN

#### Covered Inpatient **Covered Outpatient** Services Services > Medical detoxification > Medical detoxification services for services for substance substance use use disorders (SUDs) disorders (SUDs) > Electroconvulsive > Electroconvulsive therapy (ECT) therapy (ECT) > Respite care > Respite care > Psycho-educational > Psycho-educational services

> Personal services

> Supportive living

All services are provided by licensed mental health and substance use disorder (SUD) professionals, including doctors, nurses, psychologists, licensed clinical social workers, clinical mental health counselors, and targeted case managers.

- Q: Where can I direct patients who may qualify for Medicaid?
- A: Direct patients who may qualify for Medicaid to one of these online resources:
  - > Department of Workforce Services
  - > Utah Department of Health Medicaid
  - > Take Care Utah

services

> Personal services

> Supportive living



# Medicaid FAQs, Continued

TABLE 3. SERVICE LOCATIONS AVAILABLE TO THOSE WITH CARVED-OUT BENEFITS

County	Inpatient & Outpatient Mental Health Services	Outpatient Alcohol & Drug Treatment	
Box Elder, Cache, Rich	Bear River Mental Health 800-620-9949; 435-752-0750	Fee for Service Network (any Medicaid provider), including Bear River Health Department 435-792-6500	
Beaver, Garfield, Kane, Iron, Washington	Southwest Behavioral Health Center 800-574-6763; 435-634-5600 (hospital prior authorization: 435-705-1388)	Southwest Behavioral Health Center 800-574-6763; 435-634-5600	
Carbon, Emery, Grand	Four Corners Community Behavioral Health Center 866-216-0017; 435-673-7200 (hospital prior authorization: 435-637-2358 & after hours: 435-637-0893)	Four Corners Community Behavioral Health Center 866-216-0017; 435-637-7200	
Daggett, Duchesne, Uintah	Northeastern Counseling Center 844-824-6776  • 435-789-6300—Vernal  • 435-725-6300—Roosevelt		
San Juan	San Juan Counseling 888-833-2992; 435-678-2992		
Davis	Davis Davis Behavioral Health 844-305-4782; 801-773-7060		
Piute, Juab, Wayne, Millard, Sanpete, Sevier	Central Utah Counseling Center 800-523-7412; 435-283-8400; 877-469-2822		
Salt Lake	Salt Lake Salt Lake County Division of Behavioral Health Services/Optum SL Co. 385-468-4707/Optum 877-370-8953		
Summit	Healthy U Behavioral 833-981-0212; 801-213-4104		
Tooele	Valley Behavioral Health 888-949-4864; 435-843-3520		
Utah	Wasatch Mental Health 866-366-7987; 801-373-4760; (prior approvals: 801-373-7393)	Utah County Department of Drug & Alcohol, Prevention & Treatment 844-773-7128; 801-851-7128	
Wasatch	Fee for Service Network (Any Medicaid provider) including Wasatch County Family Clinic/Wasatch Mental Health 435-654-3003		
Weber, Morgan	Weber Human Services 844-625-3700; 801-625-3700; (after hours hospital prior authorization: 801-513-9641)	Weber Human Services 844-625-3700; 801-625-3700	

