

TEMPOROMANDIBULAR JOINT (TMJ) DISORDERS (TMD)

Policy # 43

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Disclaimer:

1. Policies are subject to change without notice.
2. Policies outline coverage determinations for SelectHealth Commercial, SelectHealth Advantage (Medicare), and SelectHealth Community Care (Medicaid) plans. Refer to the "Policy" section for more information.

Description

Temporomandibular joint (TMJ) syndrome, or TMJ disorders (TMD), are problems related to the jaw joint. The TMJ connects the lower jaw to the skull (temporal bone) under your ear. Problems in this area can cause head and neck pain, headaches, ear pain, facial swelling, jaw locking in position (or difficult to open), problems biting, and popping sounds when biting. Symptoms associated with TMJ problems are heterogeneous and diverse. Additionally, chronically present degeneration in the jaw joint can result in dislocation of the meniscus and degenerative arthritis in the jaw joint.

A broad range of therapies are used to treat the various manifestations of TMJ disorders. These include: heat/cold therapy, anti-inflammatories, physical therapy, dental appliances, muscle relaxation exercises, orthodontia to re-align the teeth, arthroscopic procedures such as joint lavage, debridement or meniscectomy, orthognathic surgery, and artificial joint implantation.

Commercial Plan Policy

Services received for the evaluation, diagnosis, and/or treatment of the temporomandibular joint apply to the 'TMJ (Temporomandibular Joint) Services' benefit, as indicated on the MPS.

SelectHealth **considers TMJ covered when the following criteria are met:**

Coverage criteria include: (ALL must be present)

1. The procedure must be of proven benefit in the medical literature, and not be investigational/experimental, as defined in the plan member contract.
2. It must be medically necessary to treat the condition.
3. It must be performed by a SelectHealth participating provider (exceptions exist for dental appliances or on plans that allow out-of-network providers to perform this procedure).
4. Any surgical procedures must be performed in a participating SelectHealth facility (exceptions exist on plans that allow out-of-network providers to perform this procedure).

SelectHealth Advantage (Medicare/CMS)

SelectHealth Advantage **considers TMJ covered, only if medically necessary, according to patient summary of benefits.**

SelectHealth Community Care (Medicaid)

SelectHealth Community Care covers the evaluation and treatment of TMJ under the medical benefit consistent with Utah Medicaid requirements for coverage of medical services. If there are no specific Utah Medicaid guidelines or InterQual guidelines for a specific service requested, then commercial plan policy applies. Services that are determined to be dental in nature (done by a dentist or they are using dental codes) are not covered by SelectHealth since dental benefits are carved out to the State of Utah.

Applicable Codes (This list may not be all-inclusive)

Procedure Codes	Descriptions
21010	Arthrotomy, temporomandibular joint
21050	Condylectomy, temporomandibular joint (separate procedure)
21060	Meniscectomy, partial or complete, temporomandibular joint (separate procedure)
21070	Coronoidectomy (separate procedure)
21073	Manipulation of temporomandibular joint(s) (TMJ), therapeutic, requiring an anesthesia service (ie, general or monitored anesthesia care)
21085	Impression and custom preparation; oral surgical splint
21116	Injection procedure for temporomandibular joint arthrography
21240	Arthroplasty, temporomandibular joint, with or without autograft (includes obtaining graft)
21242	Arthroplasty, temporomandibular joint, with allograft
21243	Arthroplasty, temporomandibular joint, with prosthetic joint replacement
21295	Reduction of masseter muscle and bone (eg, for treatment of benign masseteric hypertrophy); extraoral approach
21296	Reduction of masseter muscle and bone (eg, for treatment of benign masseteric hypertrophy); intraoral approach
21480	Closed treatment of temporomandibular dislocation; initial or subsequent
21485	Closed treatment of temporomandibular dislocation; complicated (eg, recurrent requiring intermaxillary fixation or splinting), initial or subsequent
21490	Open treatment of temporomandibular dislocation
29800	Arthroscopy, temporomandibular joint, diagnostic, with or without synovial biopsy (separate procedure)
29804	Arthroscopy, temporomandibular joint, surgical
70328	Radiologic examination, temporomandibular joint, open and closed mouth; unilateral
70330	Radiologic examination, temporomandibular joint, open and closed mouth; bilateral
70332	Temporomandibular joint arthrography, radiological supervision and interpretation
70336	Magnetic resonance (eg, proton) imaging, temporomandibular joint(s)
D0320	Temporomandibular joint arthrogram, including injection
D0321	Other temporomandibular joint films, by report
D7730	Mandible – Open reduction
D7740	Mandible – Closed reduction
D7820	Closed reduction of dislocation
D7830	Manipulation under anesthesia
D7840	Condylectomy
D7850	Surgical discectomy; with/without implant
D7852	Disc repair
D7854	Synovectomy
D7856	Myotomy
D7858	Joint reconstruction
D7860	Arthrotomy
D7865	Arthroplasty

D7870	Arthrocentesis
D7871	Non-arthroscopic lysis and lavage
D7872	Arthroscopy — diagnosis, with or without biopsy
D7873	Arthroscopy — surgical: lavage and lysis of adhesions
D7874	Arthroscopy — surgical: disc repositioning and stabilization
D7875	Arthroscopy — surgical: synovectomy
D7876	Arthroscopy — surgical: discectomy
D7877	Arthroscopy — surgical: debridement
D7880	Occlusal orthotic appliance
D7899	Unspecified TMD therapy, by report
D7941	Osteotomy – ramus, closed
D7943	Osteotomy – ramus, open with bone graft
D7944	Osteotomy – segmented or subapical-per sextant or quadrant
D7945	Osteotomy – body of mandible
D9940	Occlusal guards, by report
D9951	Occlusal adjustment - limited
D9952	Occlusal adjustment - limited
ICD- 10 Diagnosis Codes	Descriptions
M26.601	Right temporomandibular joint disorder, unspecified
M26.602	Left temporomandibular joint disorder, unspecified
M26.603	Bilateral temporomandibular joint disorder, unspecified
M26.609	Unspecified temporomandibular joint disorder, unspecified side
M26.611	Adhesions and ankylosis of right temporomandibular joint
M26.612	Adhesions and ankylosis of left temporomandibular joint
M26.613	Adhesions and ankylosis of bilateral temporomandibular joint)
M26.619	Adhesions and ankylosis of temporomandibular joint, unspecified side
M26.621	Arthralgia of right temporomandibular joint
M26.622	Arthralgia of left temporomandibular joint
M26.623	Arthralgia of bilateral temporomandibular joint
M26.629	Arthralgia of temporomandibular joint, unspecified side
M26.631	Articular disc disorder of right temporomandibular joint
M26.632	Articular disc disorder of left temporomandibular joint
M26.633	Articular disc disorder of bilateral temporomandibular joint
M26.639	Articular disc disorder of temporomandibular joint, unspecified side

Sources

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