

Services Requiring Preauthorization

Select Health Commercial – Utah

EFFECTIVE JANUARY 1, 2024

For items on the list below, access [online preauthorization forms](#) (there are separate forms for medical and behavioral health services, including those related to substance use). In addition to these services, in-network providers must preauthorize other services as specified in Select Health medical policy. **Questions?** Contact Member Services at **800-538-5038**.

- Adenoidectomy;
- All admissions to facilities, including rehabilitation, transitional care, skilled nursing, and all hospitalizations that are not for Urgent or Emergency Conditions;
- All nonroutine obstetrics admissions maternity stays longer than two days for a normal delivery or longer than four days for a cesarean section, and deliveries outside of the Service Area;
- Automated home blood pressure monitoring equipment (neonatal/pediatric);
- All Services obtained outside of the United States unless for Routine Care, an Urgent Condition, or an Emergency Condition;
- Bariatric surgery;
- Certain advanced imaging including Magnetic Resonance Imaging (MRI), Computerized Tomography (CT) scans, Positron Emission Tomography (PET) scans, and cardiac imaging;
- Certain genetic testing;
- Certain Home Healthcare;
- Certain medical oncology drugs;
- Certain radiation therapies;
- Certain sleep studies;
- Certain ultrasounds;
- Certain vein procedures;
- Cochlear implants, and osseointegrated auditory devices;
- Continuous glucose monitors;
- Dental anesthesia;
- Hospital level care at home;
- Hospice Care, Private Duty Nursing;
- Hysterectomy;
- Insulin pumps;
- Joint replacement;
- Organ transplants;
- Pain management/pain clinic Services;
- Surgeries on vertebral bodies, vertebral joints, spinal discs;
- The following Durable Medical Equipment:
 - Continuous Positive Airway Pressure (CPAP) and Bilevel Positive Airway Pressure (BiPAP);
 - Prosthetics (except eye prosthetics);
 - Negative pressure wound therapy electrical pump (wound vac);
 - Motorized or customized wheelchairs; and
 - DME with a purchase price over \$5,000.
- The following Mental Health/Chemical Dependency Services that are not for Emergency Conditions:
 - Inpatient psychiatric/detoxification admissions;
 - Residential treatment after the third day of admission;
 - Day treatment;
 - Partial hospitalization after 20 visits; and
 - Intensive outpatient treatment after 35 visits.
- The medications listed on selecthealth.org/pharmacy/pharmacy-benefits. You may also request this list by calling Pharmacy Services at **800-538-5038**;
- Tonsillectomy.

For more detailed information organized by codes, visit this page with
[Commercial and Medicare/Medicaid Non-Covered Codes](#).

