

Select Health Medicare

Flexible Benefits Card.

We want to make using your wellness benefits as easy as possible. That's why Select Health Medicare members receive all of their wellness benefits in one easy-to-use Select Health Medicare Flexible Benefits MasterCard.

You can use this card to pay for eligible items and services. Plus, we will add funds to your card when you complete certain Healthy Living activities. Your card will have different wallets for different benefits, including:

- > **Over-the-Counter (OTC)** allowance to spend on approved over-the-counter items.
- > **Wellness Your Way** benefit to spend on a wide range of wellness activities like gym memberships, health education classes, golf green fees, national parks passes, and ski lift passes.
- > **Healthy Living Rewards** for keeping up with wellness activities like annual routine physicals and flu shots.
- > **Grocery Benefit** allowance to spend on healthy groceries. **Note:** This benefit is only available for members with a confirmed qualifying chronic condition on Select Health Medicare + Kroger (HMO) and Select Health Medicare Dual (HMO-DSNP) plans.
- > **Flex Your Way** allowance to use on services like dental, routine hearing exams, hearing aids, vision services & hardware, and personal emergency response systems. **Note:** This benefit is only available on Select Health Medicare Flex (HMO) plans.

HOW TO USE YOUR CARD.

To use your Flexible Benefits card at an approved retail location, simply swipe it when paying for approved items or wellness services. Select "credit" when prompted. If you select "debit", the transaction will be declined. Your card will use the funds from the appropriate wallet to pay for the items or services.

To order OTC items online, visit selecthealth.nationsbenefits.com or use the Benefits Pro app.

Scan the QR code or visit selecthealth.org/medicare/wellness/flexible-benefits-card to learn more.



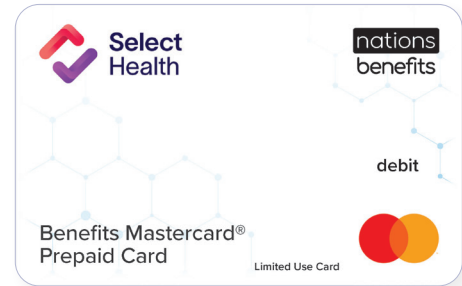
Select
Health

Using the Portal or Benefits Pro App to manage your Flexible Benefits card.

Visit SelectHealth.NationsBenefits.com or download the **Benefits Pro app** to access your account.

Once logged in, you can easily:

- > **Activate or manage your Flexible Benefits card**
- > **Review your wallet balances and expiration dates.**
- > **Check for eligible OTC products.**
- > **Order OTC products.**
- > **Search for approved retail locations.**
- > **Track OTC orders and transaction history.**
- > **Request a Wellness Your Way or OTC reimbursement**



Benefits Pro Portal and Benefits Pro App.

Benefits Pro Portal.

To place an order, scan the QR code using your smartphone camera or visit: SelectHealth.NationsBenefits.com



Benefits Pro App.

To place an order, scan the QR code using your smartphone camera or search “**Benefits Pro**” in the App Store or Google Play.



Need Help with Your Flexible Benefits Card?

Call NationsBenefits at **833-878-0232 (TTY: 711)**.

NationsBenefits Member Experience Advisors are available 8:00 a.m. to 8:00 p.m. local time.

Select Health is an HMO, PPO, SNP plan sponsor with a Medicare contract. Enrollment in Select Health Medicare depends on contract renewal. Grocery benefits are part of a special supplement benefit and not available to every member. Select Health obeys federal civil rights laws. We do not treat you differently because of your race, color, ethnic background or where you come from, age, disability, sex, religion, creed, language, social class, sexual orientation, gender identity or expression, and/or veteran status.

This information is available for free in other languages and alternate formats by contacting Select Health Medicare: **855-442-9900 (TTY: 711)**

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística.

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電

