

Select Health Medicare

Over-the Counter (OTC) benefit.

Use your Select Health Medicare Flexible Benefits card to pay for OTC items like:

- Pain relievers
- Vitamins and minerals (e.g., fish oil, calcium, multivitamins)
- Bandages and antibiotic ointment
- Toothbrushes, toothpaste, and dental floss
- Cough drops
- Cotton swabs
- Antacids
- Lotion
- Eye drops
- First aid supplies
- ...and more!

Remember: Your allowance will not carry over so make sure to use it all before the end of your benefit period.

HOW TO USE YOUR BENEFIT.

When checking out at approved retail locations, swipe your Select Health Medicare Flexible Benefits card for payment and select credit when prompted. If you select debit, the transaction will be declined.

To order online, visit selecthealth.nationsbenefits.com or use the Benefits Pro app.

Phone: Call **833-878-0232 (TTY: 711)** to place an order by phone. NationsBenefits® Member Experience Advisors are available 8:00 a.m. to 8:00 p.m. local time.

Mail: Send completed forms to:

NationsBenefits
1700 N. University Drive
Plantation, FL 33322

Note: To request a catalog and order form, call NationBenefits at **833 878 0232 (TTY 711)**. Order forms should be mailed no later than the 20th of the last month of each quarter to ensure that the order total is applied to the current benefit period. Need to order sooner? Call the number above or visit selecthealth.nationsbenefits.com.



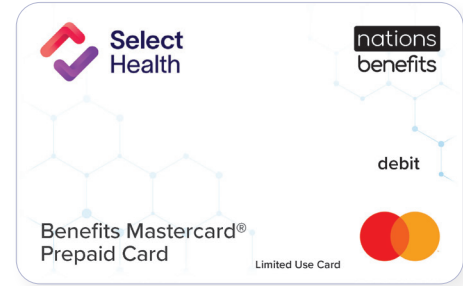
Select
Health

Using the Portal or Benefits Pro App to manage your OTC benefit.

Visit SelectHealth.NationsBenefits.com or download the **Benefits Pro app** to access your account.

Once logged in, you can easily:

- **Manage your Select Health Flexible Benefits card.**
- **Review your wallet balances and expiration dates.**
- **Check for eligible products.**
- **Order health and wellness products.**
- **Search for approved retail locations that accept your card.**
- **Track order and transaction history.**



Benefits Pro Portal and Benefits Pro App. Enjoy 2-day delivery on all orders at no extra cost.

Benefits Pro Portal.

To place an order, scan the QR code using your smartphone camera or visit: SelectHealth.NationsBenefits.com



Benefits Pro App.

To place an order, scan the QR code using your smartphone camera or search “**Benefits Pro**” in the App Store or Google Play.



QUESTIONS?

Call Select Health Member Services toll-free at **855-442-9900** during the following dates and times:

October 1 to March 31: Weekdays 7:00 a.m. to 8:00 p.m., Saturday and Sunday 8:00 a.m. to 8:00 p.m.

April 1 to September 30: Weekdays 7:00 a.m. to 8:00 p.m., Saturday 9:00 a.m. to 2:00 p.m., closed Sunday.

Outside of these hours of operation, please leave a message and your call will be returned within one business day. TTY users, please call **711**.

Select Health is an HMO, PPO, SNP plan sponsor with a Medicare contract. Enrollment in Select Health Medicare depends on contract renewal.

Select Health obeys federal civil rights laws. We do not treat you differently because of your race, color, ethnic background or where you come from, age, disability, sex, religion, creed, language, social class, sexual orientation, gender identity or expression, and/or veteran status.

This information is available for free in other languages and alternate formats by contacting Select Health Medicare: **855-442-9900 (TTY: 711)**

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística.

注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電

