

Select Health Medicare Papa benefit.

Need an extra set of hands? Papa can help!

Papa Pals, are here to help Select Health Medicare members with a variety of everyday tasks to make your life easier.

- **Companionship**, conversation, playing board games, or going for a walk.
- **Transportation** to and from doctor's visits, errands, grocery and medication pickup, or shopping.
- **Home tasks** including meal prep, light surface cleaning, laundry, gardening, or pet help.
- **Tech help** setting up a computer or social media to help connect with friends or family.

You qualify for 30, 60, 90, or 120 hours of Papa services per year, depending on your plan.

Schedule your visit.

Call **888-452-4553** (TTY: 711)
or scan the QR code.



Weekdays 7:00 a.m. to 8:00 p.m.,
Saturday and Sunday 8:00 a.m. to 8:00 p.m. EST.



Select
Health



Questions? Call Select Health Member Services at **855-442-9900** during the following dates and times:

OCTOBER 1 TO MARCH 31:

Weekdays 7:00 a.m. to 8:00 p.m.,
Saturday and Sunday 8:00 a.m. to 8:00 p.m.

APRIL 1 TO SEPTEMBER 30:

Weekdays 7:00 a.m. to 8:00 p.m.,
Saturday 9:00 a.m. to 2:00 p.m., closed Sunday.

Outside of these hours of operation, please leave a message and your call will be returned within one business day. TTY users, please call **711**.

Visit the Ask Us Anything section at papa.com/members for safety policies, Community Standards, and visit regulations.

Select Health is an HMO, PPO, SNP plan sponsor with a Medicare contract. Enrollment in Select Health Medicare depends on contract renewal.

Select Health obeys federal civil rights laws. We do not treat you differently because of your race, color, ethnic background or where you come from, age, disability, sex, religion, creed, language, social class, sexual orientation, gender identity or expression, and/or veteran status.

This information is available for free in other languages and alternate formats by contacting Select Health Medicare: **855-442-9900 (TTY: 711)**.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística.

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電

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