

Select Health publishes a *Policy Update Bulletin* monthly with new, revised, and archived policy information as well as policy developments and related practice management tips.

Questions about the content of a medical policy? Contact Marcus.Call@selecthealth.org. Questions about coding & reimbursement policies? Contact Brandi.Luna@selecthealth.org.

For general questions, please contact your Provider Relations representative.

Select Health Policy Updates

For policy updates in this document, the listings in each row are arranged alphabetically by policy title and link to the relevant online, specialtybased booklets where each policy begins on the page indicated in the table. You can also find these policies on the Select Health Provider Portal (secure login required).

For this update, there are **9 new** policies (see **Table 1** below and on the next page).

There are **4 revised** policies (see **Table 2** on page 2). Table 3 (on page 3) lists 35 reactivated policies in the Genetic Disease booklet due to the transition from Carelon Medical Benefits Management. Effective July 1, 2023, Select Health and Intermountain Precision Genomics will assume responsibility for managing approval of genetic testing claims.

Coding & reimbursement update information can be found on page 4.

Table 1. New Medical Policies

Policy Title (Number)	Revision Date: Summary of Change (only applies to Commercial plan policy unless otherwise indicated in BOLD type)	
Gene Expression Profiling: Cutaneous Melanomas (667), see page 15 in the Genetic Disease booklet.	07/01/2023: Created and published policy; this testing is not covered due to lack of proven clinical utility.	
Genetic Testing: Breast Cancer (664), see page 64 in the Genetic Disease booklet.	07/01/2023: Created and published policy; this testing is covered with criteria.	
Genetic Testing: Cardiomyopathy (665), see page 70 in the Genetic Disease booklet.	07/01/2023: Created and published policy; this testing is covered with criteria.	
Genetic Testing: Donor-Derived Cell-Free DNA for Monitoring of Rejection in Heart and Kidney Transplantation (671); see page 100 of the Genetic Disease booklet.	07/01/2023: Created and published policy; Select Health does not cover this testing as the efficacy of these tests has not been established.	
Genetic Testing: Hearing Loss (666), see page 141 of the Genetic Disease booklet.	07/01/2023: Created and published policy; this testing is covered with criteria.	
Genetic Testing: Myloproliferative Neoplasms (668), see page 182 of the Genetic Disease booklet.	07/01/2023: Created and published policy; this testing is covered with criteria.	
Inhaled Nitric Oxide (INO) Therapy (663); see page 11 of the Pediatrics booklet.	06/08/2023: Created and published policy; as covered with criteria.	

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Table 1. New Medical Policies, Continued

Policy Title (Number)	Revision Date: Summary of Change (only applies to Commercial plan policy unless otherwise indicated in BOLD type)
Pediatric Adolescent Idiopathic Scoliosis (662); see page 14 of the Pediatrics booklet.	06/08/2023: Created and published policy; procedures involving posterior dynamic deformity correction devices or anterior vertebral body tethering are not covered.
Therapeutic Radiopharmaceuticals (669); see page 87 of the Hematology/Oncology booklet.	07/01/2023: As part of transition from Carelon, policy created and published to address this field of medicine; coverage criteria aligned with current clinical standards.

Table 2 Revised Medical Policies

Policy Title (Number)	Revision Date: Summary of Change (only applies to Commercial plan policy unless otherwise indicated in BOLD type)		
Bone Growth Stimulators: Electrical (107), see page 34 of the Orthopedic booklet	05/25/2023: Added additional qualifying consideration regarding spinal fusion in criteria #4: "Spinal fusion, adjunct to fusion surgery: Either invasive or non-invasive methods of electrical bone growth stimulation may be considered medically necessary, at the time of spinal fusion surgery (or up to 6 months post-operative if there appears to be lack of progression of healing),"		
Proton Beam Therapy (456), see page 65 of the Hematology/ Oncology booklet.	07/01/2023: As part of transition from Carelon, the policy is being		
Stereotactic Radiation Therapy (336), see page 78 of the Hematology/Oncology booklet	reactivated with updated criteria that aligns with current clinical standards.		
Whole Genome Sequencing (WGS)/Whole Exome Sequencing (WES) (514), see page 245 of the Genetic Disease booklet	07/01/2023: Modified overall criteria to align with updated clinical standards; and coverage criteria for Fetal Testing and Whole Exome/Genome Reanalysis		



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Table 3. Reactivated Policies in the Genetic Disease Booklet (all revised 7/1/2023)*

Policy Title	Policy Number	Starts on Page
Gene Expression Profiling for Monitoring Acute Rejection in Cardiac Transplant Patients (ALLOMAP)	357	7
Gene Expression Testing for Indeterminate Thyroid Nodule Biopsy	538	18
Gene Therapy, Testing, and Counseling	123	25
Genetic Testing for Prostate Cancer Prognosis	544	32
Genetic Testing: 5-Fluorouracil Testing in Cancer Patients	594	43
Genetic Testing: Age-Related Macular Degeneration	530	50
Genetic Testing: Apolipoprotein (APOE) Testing	339	53
Genetic Testing: BRAF Mutation Testing	434	60
Genetic Testing: Celiac Disease (Celiagene)	286	75
Genetic Testing: Cell-free Tumor DNA/Liquid Biopsy	581	80
Genetic Testing: Charcot Marie-Tooth Syndrome (Hereditiary Motor Sensory Neuropathy)	134	85
Genetic Testing: Comparative Genomic Hybridization (CGH)/Chromosomal Microarray (CMA)	297	89
Genetic Testing: Cystic Fibosis (CF)	289	95
Genetic Testing: Epilepsy	602	102
Genetic Testing: FLT3 Mutation Analysis and WT1RQ-PCR for Acute Myelogenous Leukemia	314	111
Genetic Testing: Gene Expression Profiling in the Management of Breast Cancer	281	116
Genetic Testing: Genetic Mutation Analysis Utilizing Solid Tumor Tissue	570	134
Genetic Testing: Hereditary Hemorrhagic Telangiectasiia (HHO)	240	145
Genetic Testing: Heritable Thoracic and Abdominal Aneurysm and Dissection (TAAD) Related Disorders	453	148
Genetic Testing: Inheritable Colorectal Cancer	222	154
Genetic Testing: KRAS Mutation Testing	414	160
Genetic Testing: Lactose Intolerance	318	166
Genetic Testing: Leber's Hereditary Optic Neuropathy (LHON)	356	170
Genetic Testing: Long QT Syndrome	385	173
Genetic Testing: Methylenetetrahydrofolate Reductase (MTHFR) Polymorphisms in Cancer, Cardiovascular Disease, and Neural Tube Defects	426	179
Genetic Testing: Notch3 Testing for Cerebral Autosomal Dominant Arteriopathy with Subcortical Infarcts and Leukoencephalopathy (CADASIL)	353	189

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Table 2. Reactivated Policies in the Genetic Disease Booklet (revised 7/1/2023), Continued*

Policy Title	Policy Number	Starts on Page
Genetic Testing: PCA3 Testing for Prostate Cancer	510	193
Genetic Testing: PCR for BCR-ABL in Chronic Myelogenous Leukemia (CML)	340	199
Genetic Testing: PTEN Mutation Analysis	438	204
Genetic Testing: RETT Syndrome	586	209
Genetic Testing: Septin9 (SEPT9) Methylated DNA Detection for Colorectal Cancer Screening	521	214
Genetic Testing: Spinal Muscularatrophy	600	219
Genetic Testing: TP53 Mutation Analysis for B-Cell Chronic Lymphocytic Leukemia (B-CLL)	328	223
Pharmacogenomic Testing for Drug Metabolism	590	229
SPOT-Light HER2 CISH	412	240

As part of the transition from Carelon, these policies have been reactivated with updated criteria that aligns with current clinical standards.

Coding and Reimbursement Updates

Correctly Coding Medicare Comprehensive Visits

Comprehensive visits are when a Medicare annual wellness visit (AWV) occurs on the same date of service as a preventive visit. These combined visits help:

- > Focus on preventive care as well as chronic conditions that have not been recently addressed
- > Identify and address any developing problems early
- > Improve outcomes measures when accurately coded and documented.

Learn more about coding these visits. Access the Select Health Comprehensive Evaluation Visits guide (see Other Resources).

Online Resources: Non-Covered Codes and Preauthorization Requirements

Remember to bookmark Select Health online tables for identifying codes not covered (by plan type and state) and/or if preauthorization is required.

Updated non-covered-codes tables are available at:

> Commercial-Covered Codes: UT, ID, NV

> Medicare-Covered Codes: UT, ID, NV

> Medicaid-Covered Codes: UT Only

These tables have just been updated effective July **2023**. The next quarterly update will be in October. Always note the date in the heading as some noncovered code information may change between online updates.

Please refer to these tables first for answers.

If in doubt about a specific code after reviewing the tables, please contact Member Services at 800-538-8038.

