

Select Health Medicare

Kroger Grocery Benefit.

Select Health Medicare + Kroger plan members with a qualifying chronic health condition receive a monthly allowance loaded to their Benefits Mastercard® Prepaid Card (Flex Card) to use for purchasing healthy groceries from Kroger stores.

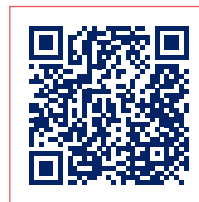
These funds can be used to purchase healthy groceries including:

- **Fresh fruit:** apples, bananas, grapes, oranges.
- **Vegetables:** broccoli, carrots, spinach, bell peppers.
- **Breads and whole grains:** whole wheat bread, brown rice, quinoa, pasta.
- **Proteins:** chicken breast, ground turkey, eggs, canned beans.
- **Dairy:** milk, yogurt, cheese.
- **Snacks:** nuts, granola bars, popcorn.
- **Pantry essentials:** olive oil, pasta sauce, spices.
- **Beverages:** herbal tea, coffee, fruit juice.

Note: Items such as alcohol, tobacco, and non-food items are not covered.

View and manage your Healthy Grocery balance by:

- Calling NationsBenefits at **833-878-0232 (TTY: 711)**
- Logging in to the **Benefits Pro** app.
- Logging in to your Benefit Pro Portal online at selecthealth.nationsbenefits.com.



Frequently Asked Questions.

Q: Where can I use my grocery benefit?

A: You can use your grocery benefit at Kroger grocery stores across the country, including:

- Smith's
- Fred Meyer
- King Soopers
- City Market...and more

To find an approved retail location near you, visit selecthealth.nationsbenefits.com, through the Benefit Pro app, or by calling NationsBenefits at **833-878-0232 (TTY: 711)**.

Q: How do I use my funds to pay for groceries?

A: To pay for groceries, simply swipe your card at the register of any approved retailer and select "debit" (there is no PIN). Your card can't be used to buy groceries online (except through Nations) or at the pharmacy counter.

Q: How long do my grocery funds last?

A: Grocery benefit funds do not roll over, so you have until the end of the month to use them. New funds will be deposited the first day of the next month.

Q: What if I don't have a qualifying chronic health condition to unlock the grocery benefit?

A: If you do not have a confirmed qualifying chronic condition, you will not receive the Kroger Grocery benefit.

Q: How can I learn more about the grocery benefit and qualifying chronic health conditions?

A: Scan the QR code or visit selecthealth.org/medicare/ssbci to learn how to unlock the grocery benefit, what qualifying conditions are eligible, how to manage your Flex Card, and more.



Q: What is the Kroger Boost purse?

A: Select Health Medicare + Kroger plan members get a standard Boost membership at no cost. Select Health will load the funds into the Kroger Boost purse on your Flex Card for you to purchase the yearly Boost membership, either online or in-store.

Limit one membership per household. Funds cannot be redeemed for anything other than a \$59 standard Boost membership. Non-transferable.

Questions? Call Select Health Member Services at **855-442-9900** during the following dates and times:

October 1 to March 31: Weekdays 7:00 a.m. to 8:00 p.m., Saturday and Sunday 8:00 a.m. to 8:00 p.m.

April 1 to September 30: Weekdays 7:00 a.m. to 8:00 p.m., Saturday 9:00 a.m. to 2:00 p.m., closed Sunday.

Outside of these hours of operation, please leave a message and your call will be returned within one business day. TTY users, please call **711**.

Select Health is an HMO, PPO, SNP plan sponsor with a Medicare contract. Enrollment in Select Health Medicare depends on contract renewal. The benefits mentioned are part of a special supplemental program for chronically ill enrollees. Eligible chronic conditions include diabetes, hypertension, musculoskeletal disorders, lung disorders, and cancer, as well as other conditions not listed. Eligibility for the benefits is not based solely on your condition and all eligibility requirements must be met before the benefits are provided. For details, please contact us. Select Health obeys federal civil rights laws. We do not treat you differently because of your race, color, ethnic background or where you come from, age, disability, sex, religion, creed, language, social class, sexual orientation, gender identity or expression, and/or veteran status. This information is available for free in other languages and alternate formats by contacting Select Health Medicare: **855-442-9900 (TTY: 711)** ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. 注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電 The Benefits Mastercard® Prepaid Card is issued by The Bancorp Bank N.A., Member FDIC, pursuant to license by Mastercard International Incorporated and card can be used for eligible expenses wherever Mastercard is accepted. Mastercard and the circles design is a trademark of Mastercard International Incorporated. Valid only in the U.S. No cash access.

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