



**Select
Health**

Idaho Association Plans.

Q: What is an Association Health Plan (AHP)?

A: A health plan offered to member-employers of a bona fide association.

Q: How are they beneficial?

A: They allow small businesses to group together to purchase and access benefits that are typically only available to large employers.

Q: Are they well known and established?

A: Yes. AHPs have been available for many years and are a common offering in most states. Select Health maintains many AHP groups.

Want more information?

Call the Select Health Idaho Sales team at **801-718-3336**.

Plan options

- Choose from up to ten different plans, including traditional and HSA-compatible plans.
- All plan option benefits resemble large company benefits.

Network options

We provide coverage through a broad network of providers and facilities for regularly scheduled and specialty care.

Select Health Idaho Network

- In Southwest Idaho, our network provides access to St. Luke's Health Partners' facilities and providers.
- In Northern Idaho, our network provides access to BrightPath providers and facilities.
- In Eastern Idaho, we offer access through our Med network or the BrightPath network.

Unitedhealthcare® Options PPO National Network

Our plans include in-network access across the U.S. Members living outside Idaho, Utah, and Nevada can access nearly 850,000 physicians and 83% of all hospitals nationwide.

Wellness tools

- **Preventive care at no additional cost** — Including things like wellness checkups and immunizations when seeing in-network providers.
- **Healthy BeginningsSM** — Prenatal program that provides support for a safe and healthy pregnancy.
- **Tobacco cessation program** — Access to the Quit for Life® program at no additional cost to members.
- **Care Management** — Our team of nurse Care Managers can support members with chronic conditions.
- **Chiropractic Care** — Covered with an office copay.

Member discounts

Enjoy member discounts on health-related products and services that aren't normally covered. Save up to 25% on specialist healthcare practitioner services and up to 55% on popular health and fitness brands, and online classes.

Intermountain Employee Assistance Program (leap)

Get short-term counseling for challenges such as conflict at work or with a family member, depression, anxiety, or stress. Services are available in a four-session limit model for employees, spouses or partners, and dependent children (ages 6 to 26). These services also include legal and financial counseling. Call **800-832-7733** to schedule an appointment.

New for 2025 — Mineral

Select Health offers Mineral HR Solutions Platform for all Association groups at no additional cost. Mineral experts help solve HR and compliance challenges with data, technology, and personalized advice on topics like:

- Employee benefits
- Employee handbooks
- Employee management
- Safety
- Recruiting and hiring

Intermountain connect care

Intermountain Connect Care is a convenient way to talk to a provider about urgent medical issues. Use your smartphone, tablet, or computer anytime, anywhere — all for low to no out-of-pocket costs.

Behavioral Health Services are available daily, from 7:00 a.m. to 7:00 p.m., including same-day appointments.

Wellness Rewards Program

Get rewarded up to \$240 per person,* per calendar year for things like your gym membership or taking 7,000+ steps a day. Family limits may apply.

*Rewards received may be considered income and subject to tax.

Pivot Lifestyle + Fitness

You have access to PIVOT Lifestyle + Fitness. Show your Select Health ID card at the PIVOT Boise or Meridian location and receive a gym membership at no added cost!*

*May not be combined with other Wellness Programs.

Select Health Mobile App

MEDICAL COST ESTIMATOR — Estimate the cost of many healthcare services using your unique benefits.

REQUEST A CALL — Use this tool when you need to talk to our Member Services team at a time more convenient for you.

ID CARDS — Lost ID card? No worries — you can view and print copies of your card by logging in to your member account.

CHAT WITH US — No time for a phone call? Talk to Member Services using our secure online chat feature.

RX SAVINGS SOLUTIONS® — Save money on your prescriptions and enjoy access to more than 55,000 pharmacies, including national chains.