



**Select
Health**

Utah Association Plans.

Q: What is an Association Health Plan (AHP)?

A: A health plan offered to member-employers of a bona fide association.

Q: How are they beneficial?

A: They allow small businesses to group together to purchase and access benefits that are typically only available to large employers.

Q: Are they well known and established?

A: Yes. AHPs have been available for many years and are a common offering in most states. Select Health maintains many AHP groups.

Want more information?

Call the Select Health Utah Sales team at **844-442-6294**.

Plan options

- Choose from up to ten different plans, including traditional and HSA-compatible plans.
- Choose between two large provider networks with access to all Intermountain Health facilities.
- All plan option benefits resemble large company benefits.

Network options

We provide coverage through a broad network of providers and facilities for regularly scheduled and specialty care.

Select Health Med® Network

- This network is available statewide with three times more hospitals and providers than Select Health Value.
- Includes all Intermountain Health providers and facilities along with access to Huntsman Cancer for cancer related diagnoses and Moran Eye Center.
- A swing-out option that provides benefits at out-of-network hospitals and providers for most services.

Select Health Value® Network

This is a great option for members living and looking for care along the Wasatch Front. This network includes all Intermountain Health facilities and providers along with access to Huntsman Cancer for cancer related diagnoses.

UnitedHealthcare® Options PPO National Network

Our Select Health Med plans include in-network access through the UnitedHealthcare Options PPO network for those employees and dependents that reside outside of Utah, Idaho and Nevada.

Wellness tools

- **Preventive care at no additional cost** — Including things like wellness checkups and immunizations when seeing in-network providers.
- **Healthy BeginningsSM** — Prenatal program that provides support for a safe and healthy pregnancy.
- **Tobacco cessation program** — Access to the Quit for Life[®] program at no additional cost to members.
- **Care Management** — Our team of nurse Care Managers can support members with chronic conditions.
- **Chiropractic Care** — Covered with an office copay for up to 20 visits per year.

Dental and Eyewear Benefits

- **Dental** — We have a variety of flexible Select Health Dental[®] plans for every need and budget.
- **Eyewear** — We offer coverage through EyeMed Vision Care[®]. Benefits include contacts, frames, lenses, and lens options.

Member discounts

Enjoy member discounts on health-related products and services that aren't normally covered. Save up to 25% on specialist healthcare practitioner services and up to 55% on popular health and fitness brands and online classes.

Intermountain Employee Assistance Program (IEAP)

Get short-term counseling for challenges such as conflict at work or with a family member, depression, anxiety, and stress. Services are available in a four-session limit model to employees, spouses or partners, and dependent children (ages 6 to 26). These services also include legal and financial counseling.

Call **800-832-7733** to schedule an appointment.

Intermountain Connect Care

Intermountain Connect Care is a convenient way to talk to a provider about urgent medical issues. Use your smartphone, tablet, or computer anytime, anywhere — all for low to no out-of-pocket costs.

Behavioral Health Services are available daily, from 7:00 a.m. to 7:00 p.m., including same-day appointments.

*If you're on a High Deductible Health Plan (HDHP), you'll pay \$0 out of pocket after your deductible.

Intermountain Health Answers[®]

Intermountain Health Answers is a free, 24-hour nurse advice line for Select Health members.

Call **844-501-6600**.

Wellness Rewards Program

Get rewarded up to \$240 per person,* per calendar year for things like your gym membership or taking 7,000+ steps a day. Family limits may apply.

*Rewards received may be considered income and subject to tax.

Select Health Mobile App

MEDICAL COST ESTIMATOR — Estimate the cost of many healthcare services using your unique benefits.

REQUEST A CALL — Use this tool when you need to talk to our Member Services team at a time more convenient for you.

ID CARDS — Lost ID card? No worries — members can view and print copies of their card by logging in to their member account.

CHAT WITH US — No time for a phone call? We have a secure chat feature to talk with Member Services online.

RX SAVINGS SOLUTIONS[®] — Save money on your prescriptions and enjoy access to more than 55,000 pharmacies, including national chains.

New for 2025 — Mineral

Select Health offers Mineral HR Solutions Platform for all Association groups at no additional cost. Providing access to the Mineral platform with human resources experts who provide peace of mind and cost savings. Mineral experts help solve HR and compliance challenges with data, technology, and personalized advice on topics like:

- Employee benefits
- Employee handbooks
- Employee management
- Safety
- Recruiting and hiring