



Preauthorization Requirement Change for Skilled Nursing Visits

Effective **January 1, 2023**, SelectHealth will no longer require preauthorization for skilled nursing visits through Home Health in Utah and Idaho as indicated below:

- > **For fully insured commercial and Medicare plans**, no preauthorization will be needed for Home Health skilled nursing visits.
- > **For Medicare plans**, no preauthorization will be need for rehab services as well.
- > **For all plans**, other services will continue to require preauthorization according to the [SelectHealth online preauthorization lists](#).

SelectHealth is making this change because approval rates for preauthorization requests for these services are very high, suggesting close alignment between providers and SelectHealth. We recognize that preauthorization is an administrative burden to providers and consumes a lot of utilization review resources that could be better used elsewhere when this high rate of alignment exists.

Questions? Contact Suzanne Bretz at suzanne.bretz@selecthealth.org.