



Ordering FIT At-Home Colorectal Cancer Screening Tests

Colorectal cancer screening, like other preventative care measures, has been compromised this year because members were unable to schedule screening colonoscopies for several months due to the pandemic guidelines.

Providers can now order FIT kits directly from Intermountain Healthcare. The FIT test is an “at-home” colorectal cancer screening test that can be mailed directly to our Intermountain Central Lab from the patient. Once Intermountain Central Lab receives and processes the results, they will report the results to primary care providers (PCPs) in the usual manner.

Anyone testing positive should follow up with a colonoscopy test as soon as possible. Providers should assist patients with a positive FIT result to schedule a follow up colonoscopy test as soon as possible.

WHO SHOULD HAVE FIT TESTS AND HOW OFTEN

When appropriately screened for the conditions listed below, a patient can participate in FIT testing each calendar year.

Patients with the following conditions should **NOT** participate in FIT testing:

- > History of polyps
- > History of colon cancer
- > Hemorrhoids
- > Ulcerative colitis or Crohn’s disease
- > Visible blood in the stool or on toilet paper
- > Currently taking blood thinner
- > A previously positive FIT test

HOW TO ORDER FIT TESTS

Review and share these ordering steps:

1. Make sure that your clinic is set up to use Intermountain lab services. Sign up by accessing our [Lab outreach services team](#).
2. Go to the [Central Lab website](#) to order FIT test kits. There, you can order online (or download an order form, complete it, and send it to client services).
3. Label the patient sample with patient information and include a requisition with the kit. The lab cannot process the sample if it is not identified properly and comes without an order from the patient’s provider.

LEARN MORE

- > **Order and process FIT tests:** Contact either [Mandy Anderson, Intermountain Central Lab](#), or [Amy Bone, SelectHealth](#).
- > **Schedule a colonoscopy for those who have positive FIT tests:** Call the Member Advocates team at **801-442-4993** (Salt Lake area) or **800-515-2220**.