

# Individual value-added benefits: Colorado.

We've expanded our coverage to include benefits that add more value to our plans and programs that help our members live their healthiest lives.

## Loyalty program.\*

Enroll in our wellness activities and earn up to \$240 per person/\$580\* per family, per calendar year. Wellness activities include things like:

- Rx Savings Solutions®.
- Enrollment in Intermountain Connect Care®.
- Receiving your annual wellness exam.
- Joining a tobacco cessation program.
- Receiving mental healthcare.
- Staying fit by joining a gym or keeping track of your physical activity.
- You can now earn rewards for healthy living activities like tai chi, yoga, and acupuncture.
- Learn more at [selecthealth.org/loyalty](https://selecthealth.org/loyalty).

\*Rewards received may be considered income and subject to tax.



## Virtual care options.

- Virtual visits with an in-network primary care provider, mental healthcare provider, Intermountain Connect Care (urgent care only), and UCHealth urgent care service providers are covered at no additional cost.\*

- \$0 out-of-pocket virtual visits for urgent care, primary care, and mental healthcare on many plans. Note: Other care options may include video visits with in-network providers using different apps or websites.
- Pre-deductible outpatient rehabilitation.\*\*
- Chiropractic services.\*\*

\*Urgent care must be through Connect Care or UCHealth to be covered at \$0.

\*\*Visit limits apply to these services.

## Pharmacy drug coverage.

- Access to more than 55,000 pharmacies, including all major national chains.
- Get your medication delivered right to your door with hassle-free mail order\* for no extra charge with Intermountain or UCHealth Home Delivery by visiting [selecthealth.org](https://selecthealth.org) or [uhealth.org/services/pharmacy](https://uhealth.org/services/pharmacy).
- Learn how Select Health members can save more on prescription drugs by visiting [rxsavingsolutions.com](https://rxsavingsolutions.com).

\*Some restrictions may apply.



- Select Health members have access to Mark Cuban Cost Plus Drugs with more than 1,000 prescription products at potentially lower prices than traditional pharmacy locations. Visit [costplusdrugs.com](https://costplusdrugs.com) to learn more.



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## Member discounts.

- Member discounts on health-related products and services.
- Choose Healthy<sup>®</sup> (access through Select Health member account).
- Discounts up to 55% on popular health and fitness brands.
- Save up to 25% on services from specialty healthcare practitioners.
- Online health classes and articles.
- Visit [discounts.selecthealth.org/discounts](https://discounts.selecthealth.org/discounts).



## Select Health mobile app.

- View plan details.
- Estimate medical costs for specific services or procedures.
- Review medical and pharmacy claims in one location.
- Find wellness tips and resources.
- Search for covered medications, compare drug prices, and access other information about pharmacy benefits.
- Request a call or chat with our Member Services team.
- Print or email copies of your ID cards.

## Wellness tools.

- **Way to Wellness<sup>®</sup>** — one-year diabetes prevention program for adults who want to lose weight. Attend sessions with a registered dietitian to set, review, and personalize plans.
- **Preventive care at no additional cost** — includes coverage for things like wellness checkups and immunizations.
- **Quit for Life<sup>®</sup> and Colorado QuitLine** — tobacco cessation programs.
- **Healthy Beginnings<sup>®</sup>** — prenatal program that provides support for a safe and healthy pregnancy.
- **Care Management** — our team of nurse Care Managers can support members with chronic conditions.

