

Individual value-added features: Idaho.

We've expanded our coverage to include benefits that add more value to our plans and programs that help our members live their healthiest lives.

Wellness rewards.¹

Choose between one of the three options below:

- Gym membership rewards up to \$240 per person and \$580 per family.
- Physical activity rewards up to \$240 per person and \$580 per family.
- \$0 PIVOT Lifestyle & Fitness membership—Boise or Meridian locations (\$50/month value).

Potential savings
\$16-50
Per member per month



Expanded virtual care options.

- Intermountain Connect CareSM is available 24/7 for urgent situations, behavioral health appointments, and lactation consulting. Access this care with the Intermountain Health Patient Portal App or by visiting intermountainhealthcare.org/myhealth.
- \$0 out-of-pocket cost virtual visits for urgent care, PCP, and mental health on many plans.
- Other options for care may include different apps or websites for video visits with in-network doctors.

Potential savings
\$10-25
Per member per month

Pre-deductible outpatient rehabilitation.²

- Available on all non-high deductible health plans for 2025.
- Chiropractic services.

Potential savings
\$16-20
Per member per month

Rx Savings Solutions.[®]

- Online pharmacy cost transparency service that helps Select Health members save money on their prescription drugs.
- Access to more than 55,000 pharmacies, including all major national chains.
- Average annual savings of \$455 rxsavingsolutions.com.

Potential savings
\$38
Per member per month



Mark Cuban Cost Plus Drugs

Select Health members have access to more than 1,000 prescription products at potentially lower prices than traditional pharmacy locations. Visit costplusdrugs.com to learn more.

Member discounts.

Member discounts on health-related products and services selecthealth.org/discounts.

- Choose Healthy (access through Select Health member account).
- Discounts up to 55% on popular health and fitness brands.
- Save up to 25% on services from specialty healthcare practitioners.
- Online health classes and articles.

Potential savings
\$5-10
Per member per month



¹ Rewards received may be considered income and subject to tax.

² Visit limits apply to these services.

Individual value-added features: Idaho.

Member tools.

Select Health mobile app.

- View plan details.
- Estimate medical costs for specific services or procedures.
- Review medical and pharmacy claims in one location.
- Find wellness tips and resources.
- Search for covered medications, compare drug prices, and see other information about pharmacy benefits.
- Access electronic ID card.
- Chat with our Member Services team.
- Find care search for doctors, specialists, or facilities.

Wellness tools.

- Way to Wellness. One-year diabetes prevention program for adults who want to lose weight. Attend sessions with a registered dietitian to set, review, and personalize plans.
- Pivio Complete Health Improvement Program is a 12-week program built on six pillars of lifestyle medicine.
- St. Luke's Intensive Lifestyle Medicine Program is a 24-week program for members who want to build a strong foundation for health. A team of multi-disciplinary clinicians oversees the program.
- Preventive care at no additional cost— includes coverage for things like wellness checkups and immunizations.
- Tobacco cessation program—access to the Quit for Life® program.
- Healthy Beginnings®—a prenatal program that provides support for a safe and healthy pregnancy.
- Care Management—our team of nurse care managers can support members with chronic conditions.

Network options.

Idaho—Select Health St. Luke's Health Partner Network (SLHP), Saint Alphonsus Health Alliance Network (SAHA), BrightPath Network, Select Health Med.

- Access to an extensive network of hospitals, facilities, and physicians throughout the state.
- Access to Primary Health and many independent physicians.

Utah—Select Health Med.

- Network spans the entire state and includes 35 in-network hospitals.
- Specialty care available through the Mountain States Tumor Institute, Primary Children's Hospital, Huntsman Cancer Institute, Moran Eye Center, and more.

Nevada—Select Health Med.

Urgent and emergency care.

- Nationwide access for members outside of Utah, Idaho, Colorado, and Nevada
- Access to 83% of all hospitals and two out of every three healthcare professionals in the United States.
- Access to 850,000 physicians nationwide.
- Same excellent Select Health customer service.



Find
Providers

