

# Quality Provider Program: Mental Health

## Mental Health Measures Quick Guide

(For more details, refer to the [Quality Provider Program Quality Measures: Mental Health](#) booklet.)

Measure/Abbr.	Who's Included? (Denominator)	What's Needed? (Numerator)	How Often?	Exclusion(s)*
Follow-up After Hospitalization for Mental Illness/FUH**	Members (ages 6 and over) with a principal diagnosis of mental illness or intentional self-harm	Follow-up visit for mental illness after discharge within: <ul style="list-style-type: none"> <li>7 days of visit (7 days total)</li> <li>30 days of visit (30 days total)</li> </ul>	After each discharge	<ul style="list-style-type: none"> <li>Identified readmissions and direct transfers to an acute inpatient care setting during the 30-day follow-up period. Exclude both the initial discharge and the readmission/direct transfer discharge if the last discharge occurs <b>after December 1</b> of the measurement year.</li> <li>If the readmission/direct transfer to the acute inpatient care setting was for:               <ul style="list-style-type: none"> <li><b>A principal diagnosis of mental health disorder or intentional self-harm</b>, count only the last discharge.</li> <li><b>Any other principal diagnosis</b>, exclude both the original and the readmission/direct transfer discharge.</li> </ul> </li> <li>Discharges followed by readmission or direct transfer to a nonacute inpatient care setting within the 20-day follow-up period, regardless of principal diagnosis for the readmission.</li> </ul>
Follow-up After Emergency Department Visit for Mental Illness/FUM		Follow-up visit for mental illness after discharge within: <ul style="list-style-type: none"> <li>7 days of visit (8 days total)</li> <li>30 days of visit (31 days total)</li> </ul>		
Follow Up After Emergency Department (ED) Visit for Substance Use /FUA	Members ages 13 and older at the time of the ED visit, with a principal diagnosis of substance use disorder (SUD), or any diagnosis of drug overdose.	<ul style="list-style-type: none"> <li>7 days of visit (8 days total)</li> <li>30 days of visit (31 days total)</li> </ul>		<ul style="list-style-type: none"> <li>ED visits followed by residential treatment on the date of the ED visit or within the 30 days after the ED visit.</li> <li>Members who use hospice services or benefit any time during the measurement year.</li> <li>Members who die any time during the measurement year.</li> </ul>
Social Determinants of Health (SDoH) Screening	All attributing Select Health members	Use of Z Codes for positive screenings identified with prescribed social needs screening tool ( <b>Z55-Z65</b> )	Once during the measurement year***	N/A

\* Hospice will exclude members from all measures.

\*\* FUH does not include discharge date.

\*\*\* If the member is screened for a different social need each quarter, identified with distinct Z-code, this measure can be paid quarterly.



Questions about the Quality Provider Program?  
Contact us at [QualityProvider@selecthealth.org](mailto:QualityProvider@selecthealth.org).