

Quality Provider Program: Primary Care Well-Care Visits — 0 to 30 Months: Frequently Asked Questions

Q: Why does this measure matter?

A: The American Academy of Pediatrics and Bright Futures recommend:¹⁻³

- Twelve well-care visits before a child turns 30 months of age:
 - Newborn
 - 3–5 days old
 - Ages 1, 2, 4, 6, 9, 12, 15, 18, 24, 30 months
- Early intervention, which increases overall wellness and reduces medical costs
- Regular well-care visits and scheduled immunizations for children to prevent illness and create strong, trustworthy relationships among pediatricians and parents

Q: What is Select Health doing to help?

A: Outreach to Select Health members for well-care exam reminders includes:

- Automated calls, with an opt-in for text or email
- Appointment reminders for those who have had well-care visits in the past
- Educational assistance for patients who have **not** had a well-care visit in the past

For participating outpatient clinic practices, Select Health Quality Provider Program provides an up-to-date registry of Select Health patients included in this measure with their compliance status.

Q: What are best practices for this measure?

A: Best practices include:

- Using the Select Health Quality Provider Program registry or clinic electronic medical record to identify patients who need a well-care visit
- Implementing reminder card or text-messaging system to get well-care visits scheduled
- Scheduling well-care visits while the patient is still in office
- Coordinating immunization and well-care visits
- Offering extended or Saturday hours to schedule well-care visits
- Using episodic and acute care visits to encourage patients to schedule well-care visits

References:

- ¹ American Academy of Pediatrics. *Bright Futures*. **AAP.org**. 2023. Available at: <https://www.aap.org/en/practice-management/bright-futures>. Accessed January 20, 2023.
- ² Centers for Medicare and Medicaid Services. *Adult and Child Health Care Quality Measures*. **Medicaid.gov**. No date. Available at: <https://www.medicaid.gov/medicaid/quality-of-care/performance-measurement/adult-and-child-health-care-quality-measures/index.html>. Accessed January 20, 2023.
- ³ American Academy of Pediatrics. *AAP Schedule of Well-child Care Visits*. **AAP.org**. No date. Available at: <https://www.healthychildren.org/English/ages-stages/Your-Childs-Checkups/Pages/default.aspx>. Accessed May 3, 2023.



Questions about the Quality Provider Program?
Contact us at QualityProvider@selecthealth.org.