

Quality Provider Program: Mental Health

Mental Health Measures Quick Guide

(For more details, refer to the [Quality Provider Program Quality Measures: Mental Health](#) booklet.)

Measure/Abbr.	Who's Included? (Denominator)	What's Needed? (Numerator)	How Often?	Exclusion(s)*
Follow-up After Hospitalization for Mental Illness/FUH**	Members (ages 6 and over) with a principal diagnosis of mental illness or intentional self-harm	Follow-up visit for mental illness after discharge within: <ul style="list-style-type: none"> 7 days of visit (7 days total) 30 days of visit (30 days total) 	After each discharge	<ul style="list-style-type: none"> Identified readmissions and direct transfers to an acute inpatient care setting during the 30-day follow-up period. Exclude both the initial discharge and the readmission/direct transfer discharge if the last discharge occurs after December 1 of the measurement year. If the readmission/direct transfer to the acute inpatient care setting was for: <ul style="list-style-type: none"> A principal diagnosis of mental health disorder or intentional self-harm, count only the last discharge. Any other principal diagnosis, exclude both the original and the readmission/direct transfer discharge. Discharges followed by readmission or direct transfer to a nonacute inpatient care setting within the 20-day follow-up period, regardless of principal diagnosis for the readmission.
Follow-up After Emergency Department Visit for Mental Illness/FUM		Follow-up visit for mental illness after discharge within: <ul style="list-style-type: none"> 7 days of visit (8 days total) 30 days of visit (31 days total) 		
Follow Up After Emergency Department (ED) Visit for Substance Use /FUA	Members ages 13 and older at the time of the ED visit, with a principal diagnosis of substance use disorder (SUD), or any diagnosis of drug overdose.	<ul style="list-style-type: none"> 7 days of visit (8 days total) 30 days of visit (31 days total) 		<ul style="list-style-type: none"> ED visits followed by residential treatment on the date of the ED visit or within the 30 days after the ED visit. Members who use hospice services or benefit any time during the measurement year. Members who die any time during the measurement year.
Social Determinants of Health (SDoH) Screening	All attributing Select Health members	Use of Z Codes for positive screenings identified with prescribed social needs screening tool (Z55-Z65)	Once during the measurement year***	N/A

* Hospice will exclude members from all measures.

** FUH does not include follow-up visits on discharge date.

*** If the member is screened for a different social need each quarter, identified with distinct Z-code, this measure can be paid quarterly.



Questions about the Quality Provider Program?
Contact us at QualityProvider@selecthealth.org.